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# WORN'ing: Tooth wear ahead

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Educated at St Paul's, King's and the Eastman, Andrew is Professor of Restorative Dentistry and Dental Education and an Honorary Consultant in Restorative Dentistry at the Eastman.

Andrew is also Pro-Vice-Provost and Director of UCL Life Learning. This position, to facilitate growth of short courses and professional development across UCL, follows Andrew's ten year term as Director of Education and CPD at the Eastman.

As a Specialist in Restorative Dentistry and Prosthodontics, Andrew also maintains a specialist practice in Central London. He has a keen interest in the management of patients with worn teeth and co-edited the BDJ book on Tooth Wear.

Andrew is Chairman of Alpha Omega's Charitable Trust and a past President of Alpha Omega, BSRD and the RSM's Dental Section. He is a postgraduate specialty examiner at UCL and the Royal College of Surgeons and on the Editorial Boards of international journals.



## The 2009 Adult Dental Health Survey confirms that the majority (76%) of the UK population have tooth wear.

In addition, the population is changing; it is becoming older, and people are retaining more teeth for longer. As a profession, we shall need to manage increasing numbers of patients with tooth wear.

This presentation will review the changing demographics and stress the importance of identifying tooth wear markers, particularly in view of the projected increase in need for care. Also covered will be education and prevention as well as approaches to early, non-invasive, intervention to limit progression to severe tooth wear.

### Objectives

1. To be familiar with the changing demographics of tooth wear and the potential impact on society and well-being.
2. To be aware that physical, medical and social markers may offer an opportunity to identify patients at risk of tooth wear.
3. To understand the importance of recognising tooth wear markers within the traditional dental 'check-up'.
4. To appreciate how tooth wear markers could help in differentiating physiological and pathological tooth wear.
5. To have knowledge of the latest evidence-based approaches to preventing and managing multi-factorial tooth wear.